

Mental Health & Disability Services

• Community Resources

Here is a short list of resources available in Warren County. For a more extensive list, check out the resource directory under Warren County Health Services:

http://www.co.warren.ia.us/health_services-resource_directory.shtml.

Community Action Agency

Red Rock Area Community Action Agency (RRACAP)
1009 S. Jefferson, Suite 1
Indianola, IA 50125

515-961-2543

RRACAP PROGRAMS

- **Chore Service:** Yard work, shoveling, minor home maintenance and repairs for elderly and disabled residents
- **Low-Income Home Energy Assistance (LiHEAP):** Help paying winter heating bills
- **Emergency Crisis Intervention:** Assistance for repair/replacement of furnaces. Purchases heaters, blankets, fans and air conditioners
- **Emergency Utility and Rent Assistance:** Assistance with eviction notices and utility disconnects through direct payments to landlord/vendor
- **Low-cost Weatherization:** Plastic, caulking, weather-stripping to help reduce heating and cooling costs
- **Weatherization:** Workers perform energy audit and weatherize homes with insulation, caulking, inefficient appliance replacement and furnace repair and replacement
- **Food Pantry:** Provides food staples in emergency situations

RRACAP PARTNERSHIP PROGRAMS

- **Utility Assistance:** Utility Company customer contributions help low-income customers pay their bills
- **hawk— i Program:** Assistance and applications regarding no-cost/low-cost insurance for children
- **FaDSS (Family Development and Self Sufficiency):** Referrals to family development program
- **Lifeline Phone Assistance:** Assistance completing applications
- **Indianola Key Card:** Reduced or free admission to community events
- **Aging Resources:** Applications and referrals for advocacy and financial assistance for the elderly
- **Embrace Iowa:** Apply for Des Moines Register Christmas time program

Disability Service Providers

Christian Opportunity Center (COC)

515-961-3653

<http://www.christianopportunity.org/>
1602 N. 14th St.
Indianola, IA 50125

Genesis Development 515-961-6918
<http://www.genesisdevelopment.com/home0.aspx>
1809 West 2nd Avenue
Indianola, IA 50125

Heart of Iowa Regional Transit Agency (HIRTA) Transportation 1-877-686-0029
<http://www.ridehirta.com/home0.aspx>
2840 104th Street
Urbandale, IA 50322

Magellan of Iowa 1-800-317-3738
<http://www.magellanofiowa.com/utility-ia/contact-information.aspx>

- Autism Support Program, which pays for Applied Behavior Analysis (ABA) services
- Manages the Iowa Plan, which funds Medicaid Mental Health and Substance Abuse Services

Social Security Administration (SSA) 1-800-772-1213
<http://www.ssa.gov/>
Des Moines Office
455 SW 5th Street, Suite F
Des Moines, IA 50309

Warren County Case Management 515-961-1117
1007 S. Jefferson Way
Indianola, IA 50125

Employment Services

Iowa Vocational Rehabilitation Services (IVRS) 515-281-4211
<http://www.ivrs.iowa.gov/>
Des Moines Area Office
510 East 12th Street
Des Moines, IA 50319

WeLift Job Search Center 515-962-5017
106 East 2nd Avenue
Indianola, IA 50125

Food Assistance

Department of Human Services 515-961-5353
<http://dhs.iowa.gov/>
1005 S. Jefferson Way

Indianola, IA 50125

- Food Assistance Program (Food Stamps)
- Food Vouchers for Helping Hand Pantry, located at 109 East Clinton, Indianola, IA 50125

WIC (Women, Infants, & children)

515-962-0468

<http://www.idph.state.ia.us/wic/>

307 W Ashland Ave.

Indianola, IA 50125

Food Pantries/Programs in Warren County:

http://www.co.warren.ia.us/General_Assistance/food_pantries_in_warren_county.pdf

Housing/Rent Assistance/Utility Assistance

Warren County General Assistance

515-962-5132

301 North Buxton Street, Suite 107

Indianola, IA 50125

- Rent assistance
- Utility assistance

Warren County Housing Authority

515-961-1073

1305 East 1st Avenue, Unit #1

Indianola, IA 50125

- Section 8 Voucher Program
- Subsidized Housing – Indian Country Apartments

Medical/Medications

Department of Human Services

515-961-5353

<http://dhs.iowa.gov/>

1005 S. Jefferson Way

Indianola, IA 50125

- Medicaid
- Iowa Health and Wellness Plan

Warren County General Assistance

515-962-5132

301 North Buxton Street, Suite 107

Indianola, IA 50125

- Medical Assistance
- Medication Assistance

Warren County Health Services

515-961-1074

301 North Buxton Street, Suite 203

Indianola, IA 50125

Free Medical Clinic Locations in Warren County and Polk County:

http://www.co.warren.ia.us/General_Assistance/free_clinics.pdf

Mental Health

- Broadlawns Integrated Health (serving Warren County) 515-282-4400
<http://www.broadlawns.org/broadlawns-integrated-health.cfm>
1801 Hickman Road
Des Moines, IA 50314
- Central Iowa Recovery (CIR) 515-832-9550 ext. 116
Tim Bedford, CPRP
Executive Director
Central Iowa Recovery
500 Fairmeadow Dr.
Webster City, IA 50595
- Intensive Psych Rehab (IPR)
- Community Support Advocates (CSA) 515-883-1776
<http://www.teamcsa.org/>
6000 Aurora Ave, Suite B
Des Moines, IA 50322
- Integrated Health Program, serving transition age youth (16-26) in Warren & Polk Counties
- Eyerly-Ball Community Mental Health Center 515-243-5181
<http://www.eyerlyball.org/>
- Des Moines Office: Indianola Office:
1301 Center Street 301 N. Buxton St, Suite 201
Des Moines, IA 50309 Indianola, IA 50125
- Integrated Health Service
 - Supported Community Living
 - PACT
 - Outpatient Therapy & Counseling
- Life-Line Resources, LLC 515-962-7343
<http://www.life-lineresources.com/>
210 West 2nd Street
Indianola, IA 50125
- Behavioral Health Intervention Services (BHIS)
 - Therapy & Counseling
 - Elderly Waiver – Mental Health Outreach
 - Child Mental Health (CMH) Waiver provider
- Lifeworks 515-255-8399
<http://www.lifeworksdm.com/lifeworksdm/index.jsp>
554 28th Street
Des Moines, IA 50312
- Pediatric Integrated Health Program, serving Warren & Polk Counties
 - Behavioral Health Intervention Services (BHIS)

- Counseling

Magellan of Iowa 1-800-317-3738
<http://www.magellanofiowa.com/utility-ia/contact-information.aspx>

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Orchard Place Child Guidance Center 515-244-2267
<http://www.orchardplace.org/>

808 Fifth Avenue
 Des Moines, IA 50309

- PACE
- Outpatient Therapy & Counseling
- Psychiatric Medical Institute for Children (PMIC)
- Pediatric Integrated Health Program, serving Warren & Polk Counties

National Alliance On Mental Illness (NAMI) – Iowa 515-254-0417
<http://namiiowa.com/> 800-417-0417

5911 Meredith Drive, Suite E
 Des Moines, IA 50322

- Family Support Group located at Indianola First United Methodist Church
 307 W. Ashland Ave.
 Indianola, IA 50125

Warren County MH/DD Community Services 515-961-1068
 1007 S. Jefferson Way
 Indianola, IA 50125

- Funding for Mental Health Services

Youth Emergency Services & Shelter (YESS) 515-282-9377
<http://www.yessiowa.org/default.aspx>

918 SE 11th Street
 Des Moines, IA 50309

- Blumenthal Crisis Nursery
- Emergency Shelter
- Outpatient Therapy Services
- Counseling Services
- Pediatric integrated Health Program, serving Warren & Polk Counties

Substance Abuse

House of Mercy 515-961-1006
 Warren County Office
 111 North Buxton Street, Room 117
 Indianola, IA 50125

Transportation

Heart of Iowa Regional Transit Agency (HIRTA) Transportation 1-877-686-0029
<http://www.ridehirta.com/home0.aspx>
2840 104th Street
Urbandale, IA 50322

Joy Ride Transport, LLC 515-331-1100
<http://ridejoyride.com/> 855-225-7433
3000 Justin Drive, Suite A
Urbandale, IA 50322

Transportation Management Services (TMS) 1-866-572-7662

- Transportation for Medicaid (Title XIX) appointments – must call 72 hours in advance

For additional resources, you can access the United Way database for health and human service information. Visit www.211iowa.org or call 2-1-1 to speak with someone directly about your needs.